



Dance Academy

The Arts Castle Dance Academy offers professional instruction in a fun, non-competitive environment. We believe everyone should have an opportunity to dance. Our Dance Academy is unique in offering many avenues for students to learn and enjoy dancing, while working with a busy schedule and budget.

Each of the Dance Academy classes are 32 weeks in length, roughly following the school year. Most students participate in the annual spring dance recital, though it is not mandatory.

BALLET & POINTE

■ SKY BLUE BALLET

Lauren Cox

This beginner level class teaches the building blocks of ballet through barre and center floor. Students learn positions and placement in both English and French terminology.

No Prerequisite **Ages: 4 to 6**
8/27/2020-4/29/2021 Thurs., 5:15-6:00PM | 45 min.

■ TURQUOISE BALLET

Lauren Cox

Students will continue to build technique and start basic sequencing and intermediate terminology.

Prerequisite: 1 year of experience **Ages: 7 to 10**
8/24/2020-4/26/2021 Mon., 6:55-7:40PM | 45 min.

■ ROYAL BLUE BALLET

Carrie Blust

Students who have mastered the basic ballet skill set will continue learning sequencing and intermediate ballet steps. More complex combinations will be emphasized.

Prerequisite: 2+ years of experience **Ages: 10 to 13**
8/26/2020-4/28/2021 Wed., 7:45-8:45PM | 60 min.

■ INDIGO BALLET/POINTE

Lauren Cox

This advanced level class is geared toward increasing students' skills and movement vocabulary in ballet. Intricate sequencing and refinement of technique and style is explored.

Prerequisite: 1 year of experience **Ages: 12 to 18**
8/24/2020-4/26/2021 Mon., 7:45-9:15PM | 90 min.

■ ROYAL BLUE/INDIGO BALLET TECHNIQUE

Lauren Cox

This class is for students ages 8 and older who want to improve their dance technique. In this class students will work on improving flexibility, strength, turns and jumps through a variety of exercises and methods. This class should be taken in addition to a student's ballet, jazz or tumbling class. This is a non-recital class. Students enrolled in lyrical, intermediate or senior company must take open technique or ballet.

Prerequisite: 3+ years of experience **Ages: 12+**
8/27/2020-4/29/2021 Thurs., 4:15-5:15PM | 60 min.

■ ADULT BALLET

Lauren Cox

Students who have mastered the basic ballet skill set will continue learning sequencing and intermediate ballet steps. More complex combinations will be emphasized.

Prerequisite: 1 year of experience **Ages: 18+**
8/27/2020-4/29/2021 Thurs., 3:15-4:15PM | 60 min.

LYRICAL

■ LYRICAL

Carrie Blust

This class builds on the foundation of ballet, jazz and acro technique with an emphasis on coordination and basic steps.

Prerequisite: 1 year of ballet experience **Ages: 4 to 10**
8/27/2020-4/29/2021 Thurs., 6:00-6:45PM | 45 min.

MUSICAL THEATER

■ JR. MUSICAL THEATER

Jessika Wickenheiser

If you're preparing for Broadway or your school's next musical you'll love this class! Musical theater combines acting, dance, spoken dialect and songs in one fun class. Students will learn choreography from Broadway shows to help them with each of the facets of this class.

No Prerequisite **Ages: 6 to 12**
8/25/2020-4/27/2021 Tues., 5:05-5:35PM | 30 min.

■ SR. MUSICAL THEATER

Jessika Wickenheiser

If you're preparing for Broadway or your school's next musical you'll love this class! Musical theater combines acting, dance, spoken dialect and songs in one fun class. Students will learn choreography from Broadway shows to help them with each of the facets of this class.

No Prerequisite **Ages: 12 to 18**
8/25/2020-4/27/2021 Tues., 6:45-7:15PM | 60 min.

TUMBLING

■ TUMBLING 1

Carrie Blust

Students will be introduced to tumbling skills while honing strength, flexibility and balance.

No Prerequisite **Ages: 6+**
8/27/2020-4/29/2021 Thurs., 6:45-7:15PM | 30 min.

JAZZ

■ TURQUOISE JAZZ

Jessika Wickenheiser

This is a beginner level jazz class which will teach the basics of Jazz style, stretching, across the floor and the building blocks of technique.

Prerequisite: 1 year of experience **Ages: 7 to 10**
8/24/2020-4/26/2021 Mon., 5:15-6:00PM | 45 min.

■ ROYAL BLUE JAZZ

Carrie Blust

This is intermediate level class continues to build on expanding knowledge of Jazz styles, flexibility and techniques. Building on the foundations to introduce advanced concepts of turning and leaping.

Prerequisite: 1 year of experience **Ages: 9 to 13**
8/24/2020-4/26/2021 Tues., 4:15-5:00PM | 45 min. or

■ INDIGO JAZZ

Jessika Wickenheiser

This advanced level class continues to build on expanding knowledge of Jazz styles, flexibility and techniques. Building on the foundations to continue advanced concepts.

Prerequisite: 1 year of experience **Ages: 12 to 18**
8/25/2020-4/27/2021 Tues., 8:25-9:10PM | 45 min.

COMBO CLASSES

■ SKY BLUE JAZZ/TAP

Jessika Wickenheiser

This class builds on the foundation of jazz and tap technique with an emphasis on coordination, basic steps and terminology.

No Prerequisite **Ages: 4 to 6**
8/24/2020-4/26/2021 Mon., 4:30-5:15PM | 45 min.

■ SKY BLUE COMBO

Carrie Blust

These are beginning level classes for students with less than 2 years experience. In these classes students will learn ballet, tap and tumbling during their hour class.

No Prerequisite **Ages: 4 to 6**
8/26/2020-4/28/2021 Wed., 4:45-5:45PM | 60 min.

■ TURQUOISE COMBO

Carrie Blust

These are beginning level classes for students with less than 2 years experience. In these classes students will learn ballet, tap and tumbling during their hour class.

No Prerequisite **Ages: 7 to 10**
8/26/2020-4/28/2021 Wed., 5:50-6:50PM | 60 min.

DANCE ACADEMY

■ JUNIOR COMPANY

Carrie Blust

Dancers will explore choreography and build ensemble dance skills through the study and performance of a variety of dance styles. In order to participate in The Arts Castle Junior Dance Company, students will need a teacher recommendation or one year dance academy experience or equivalent. Students will also need to take a 45-60 minute technique class in addition to their company class. It is strongly suggested that students attend the summer junior intensive.

Prerequisite: Placement Audition **Ages: 6+**
8/26/2020-4/28/2021 Wed., 6:55-7:40PM | 45 min.

■ INTERMEDIATE COMPANY

Jessika Wickenheiser

Dancers will explore intermediate level choreography and continue to build ensemble dance skills through learning and performing a variety of dance styles. In order to participate in The Arts Castle Intermediate Dance Company students will need a teacher recommendation or three years dance academy experience or equivalent. Students will also need to take a ballet or open technique class in addition to their company class. It is strongly suggested that students attend the summer intermediate/senior dance intensive.

Prerequisite: Placement Audition **Ages: 8+**
8/25/2020-4/27/2021 Tues., 5:40-6:40PM | 60 min.

■ SENIOR COMPANY

Jessika Wickenheiser

Dancers will explore advanced choreography and movement concepts through learning and performing a variety of dance styles. In order to participate, students need a teacher recommendation or five years dance academy experience or equivalent. Students will need to take a ballet or open technique class in addition to their company class. It is strongly suggested that students attend the summer intermediate/advanced intensive.

Prerequisite: Placement Audition **Ages: 10+**
8/25/2020-4/27/2021 Tues., 7:20-8:20PM | 60 min.

TAP

■ TURQUOISE TAP

Jessika Wickenheiser

This is a beginner level class which continues to build on expanding knowledge of tap through graded barre and center floor work and an introduction to advanced techniques such as time steps, wings and pull backs.

Prerequisite: 1 year of experience **Ages: 7 to 10**
8/24/2020-4/26/2021 Mon., 6:05-6:50PM | 45 min.

■ ROYAL BLUE TAP

Jessika Wickenheiser

This intermediate level class continues to build on knowledge of tap through graded barre and center floor work and an introduction to advanced techniques such as time steps, wings and pull backs.

Prerequisite: 1 year of experience **Ages: 9 to 13**
8/25/2020-4/27/2021 Tues., 3:45-4:15PM | 30 min.

■ TEEN/ADULT TAP

Jessika Wickenheiser

Build on knowledge of tap through graded barre and center floor work and an introduction to advanced techniques such as time steps, wings and pull backs.

Prerequisite: 1 year of experience **Ages: 13+**
8/25/2020-4/27/2021 Mon., 3:45-4:30PM | 45 min.

PRIVATE LESSONS

Private dance lessons are available in 30-min. sessions on a 4-session pass, as room availability and teacher availability permits.

PRIVATE BALLET Ages: 5+ \$80/ four 30-min. lessons

PRIVATE TAP Ages: 5+ \$80/ four 30-min. lessons

PRIVATE LYRICAL Ages: 5+ \$80/ four 30-min. lessons

PRIVATE JAZZ Ages: 5+ \$80/ four 30-min. lessons

www.artscastle.org | Facebook icon
 Delaware, OH 43015 | (740)369-2787
 190 West Winter St.

SAFETY, FUN & LEARNING are our priorities

THE ARTS CASTLE
Dance Academy
 2020-2021

delaware county
 Ohio Arts Council

DELAWARE
 CITY OF DELAWARE
 Delaware County Foundation

Sponsors:

190 W. Winter Street | Delaware, OH 43015
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THE ARTS CASTLE
 Delaware County Cultural Arts Center

Please be assured that we have established guidelines at The Arts Castle to ensure everyone's safety and well-being.

DANCE ACADEMY 2020-2021 CALENDAR

August 6 from 5-8pm, August 7 from 5-8pm and August 8 from 9am-12pm Dance Academy Open House
 August 24 Dance Academy Classes Begin
 September 7 Labor Day - No Classes
 September 14-19 Bring a friend to class week
 October 3 at 2pm Winter Concert Audition
 October 5-10 .. Current students can try any class during this week to see if they'd like to add another class
 November 16-21 Parent Watch Week
 November 24-29 Thanksgiving Break
 December 10 Winter Concert Dress Rehearsal (tentative)
 December 11 Winter Concert (tentative)
 December 14-19 Bring a friend to class week
 December 21-January 1 Winter Break
 January 4 Classes resume
 January 18-23 Parent Watch Week
 March 6 Company Gala
 March 22-27 Parent Watch Week
 March 29-April 3 Spring Break
 April 24 Picture Day
 May 1 Last Day of Classes
 May 3-6 Make up week
 May 7 Dress rehearsal
 May 8 Dance Recital

DANCE AT THE ARTS CASTLE

WHY CHOOSE THE ARTS CASTLE?
 With so many excellent choices for dance education in Delaware, why should you choose The Arts Castle?

AFFORDABLE. We strive to make all of our classes affordable for all families. Scholarships, discounts for multiple classes, and alternative payment schedules are available. There are no registration fees.

NO SURPRISE FEES. Aside from class fees, only one low fee covers costume, recital, props, etc. Students are never faced with "surprise" fees. Every student receives complimentary annual recital tickets for family and friends, and extra tickets are less than \$5 per person. Several free performances are held annually.

FAMILY-FRIENDLY. We are family-friendly and appropriate for all audiences. Costumes, song lyrics, and dance routines are carefully vetted so that everyone can enjoy the dancing.

SUPPORTIVE. We are non-competitive and supportive in nature. We love to dance, and we strive for excellence as individuals and ensembles while having a lot of fun!

ABOUT THE DANCE PROGRAM
 The Arts Castle Dance Academy offers professional instruction in a fun, non-competitive environment. We believe everyone should have an opportunity to dance. Our Dance Academy is unique in offering many avenues for students to learn and enjoy dancing, while working with a busy schedule and budget.

Dance Academy seeks to awaken the joy of dance in our students with a combination of quality technique and personal expression. We feel that this objective is best met within a supportive, family-friendly environment, open to dancers of all age and abilities, and cultivated by a nurturing, professional team of instructors. Ballet, tap, jazz, hip hop, tumbling and combo classes are offered annually.

In addition, The Arts Castle Youth Dance companies provide additional performance opportunities for dedicated dancers. For younger dancers, The Arts Castle has Pre-Academy classes offered quarterly. Come join us and enjoy the art of dance!

ABOUT THE ARTS CASTLE
 The Arts Castle is dedicated to nurturing the creative energies of residents of Delaware County and surrounding areas by offering full access to a variety of multi-arts experiences such as classes, workshops, performances, exhibitions, and special events.

The Arts Castle was founded with a grassroots effort by the community and for the community. We are recognized as one of Ohio's premier community teaching centers for the arts. Join us by taking a class, visiting an exhibit, or participating in one of our special events.

DANCE ACADEMY CLASS SCHEDULE 2020-2021

MON.

3:45 - 4:30 Teen/Adult Tap • Miss Jessika • ages: 13+
 4:30 - 5:15 Sky Blue Jazz/Tap • Miss Jessika • ages: 4 to 6
 5:15 - 6:00 Turquoise Jazz • Miss Jessika • ages: 7 to 10
 6:05 - 6:50 Turquoise Tap • Miss Jessika • ages: 7 to 10
 6:55 - 7:40 Turquoise Ballet • Miss Lauren • ages: 7 to 10
 7:45 - 9:15 Indigo Ballet/Pointe • Miss Lauren • ages: 12 to 18

TUES.

3:45 - 4:15 Royal Blue Tap • Miss Jessika • ages: 9 to 13
 4:15 - 5:00 Royal Blue Jazz • Miss Jessika • ages: 9 to 13
 5:05 - 5:35 Jr. Musical Theater • Miss Jessika • ages: 6 to 12
 5:40 - 6:40 Intermediate Company • Miss Jessika • ages: 8+
 6:45 - 7:15 Sr. Musical Theater • Miss Jessika • ages: 12 to 18
 7:20 - 8:20 Senior Company • Miss Jessika • ages: 10+
 8:25 - 9:10 Indigo Jazz • Miss Jessika • ages: 12 to 18

WED.

4:45 - 5:45 Sky Blue Combo • Miss Carrie • ages: 4 to 6
 5:50 - 6:50 Turquoise Combo • Miss Carrie • ages: 7 to 10
 6:55 - 7:40 Junior Company • Miss Carrie • ages: 6+
 7:45 - 8:30 Royal Blue Ballet • Miss Carrie • ages: 9 to 13

THURS.

3:15 - 4:15 Adult Ballet • Miss Lauren • ages: 18+
 4:15 - 5:15 Royal/Indigo Ballet Technique • Miss Lauren • ages: 12+
 5:15 - 6:00 Sky Blue Ballet • Miss Lauren • ages: 4 to 6
 6:00 - 6:45 Lyrical • Miss Carrie • ages: 4 to 10
 6:45 - 7:15 Tumbling 1 • Miss Carrie • ages: 6+

SAFE AT THE ARTS CASTLE

SICK? PLEASE DO NOT ENTER.
 Have you had a fever in the last 2 days? Do you have a cough, difficulty breathing or sore throat? Have you had contact with a person known to be infected with COVID-19 in the last 14 days? If so, please do not enter.

ONLY STUDENTS INSIDE
 For the safety of our staff & students, we are limiting the number of people inside. Only students are permitted inside. Caregivers may walk student to the door but must wait outside during the class.

WEAR MASKS
 Our staff and instructors are required to wear masks. Unless participating in a physical activity, anyone over 18 must wear a mask when inside. Students over 2 are encouraged to wear masks.

USE HAND SANITIZER
 Students & instructors must use provided hand sanitizer before every class.

LIMIT FACE-TO-FACE CONTACT
 Practice physical distancing. All classes are set up to have students and instructors at least 6 feet apart.

SANITIZE DANCE SHOES
 Sanitize your dance shoes at home. Bring them in a bag and change into dance shoes before entering the ballroom. No street shoes in the ballroom.